## Tundra Science \& Culture Camp Equipment List

The key to being a happy camper is to be prepared for any kind of weather: hot, cold, wet, windy or buggy. The trend-setting fashion is to dress in layers.

## Essential Equipment: Clothing

- Long sleeved shirts
- T-shirts
- Pants (incl. wind pants, if you have them)
- Shorts
- Underwear
- Socks (several changes of various kinds)
- Long underwear
- Swimming suit
- Warm sweater or fleece jacket
- Pajamas
- Bug jacket with hood (a must!)
- Light ski jacket or vest and wind jacket
- Toque (you will wear it)
- Gloves or mitts
- Sun hat or ball cap
- Rain jacket and pants
- Rubber boots
- Hiking shoes or boots
- Runners for around camp


## SEE "IMPORTANT NOTES"

## Essential Equipment: Personal Gear

- Sun glasses
- Sun screen
- Bug repellent
- Towel
- Facecloth
- Soap \& shampoo (biodegradable preferably)
- Toiletries (toothpaste, toothbrush, hair brush, contacts solution, etc.)
- Life jacket
- Sleeping bag (a warm one)
- Pillow and/or pillow case
- Water bottle
- Day pack
- Belt knife or pocket knife
- Medication (e.g. prescription drugs)
- Extra pair of glasses or contact lenses
- Pens, pencils (you will be provided with a field note book)


## Optional Equipment

- Camera
- Books
- Binoculars
- Art supplies
- Musical instrument
- Songbook
- Fishing rod, reel, lures, license
- Ear plugs


## Things NOT to Bring

- Alcohol or other drugs
- Firearms
- Radios/ghetto blasters/CD players/MP3 players or similar devices
- Electronic games
- Jewelry
- Money
- Food
- Cell phones (Note: we will hold onto phones for you if you bring one to Yellowknife and return them at the end of camp.)


## Important Notes:

- Please keep baggage to 1-2 pieces including your sleeping bag plus 1 carry-on daypack. If you have a large backpack, bring your gear in it. Pack as light as possible (for example, put just a little shampoo in a small bottle) so we can fit more people and food on the planes! فrobut bring all the essentials!
- A bug jacket and repellent are essential for this trip. You don't want to go to camp without these items.
- RED color for outer wear is discouraged. Elders have noted that wearing red on the tundra is contrary to traditional practice.
- You need to have comfortable hiking shoes or boots. Sturdy runners will work. Don't wait to get to the camp to break in a new pair. It is good to have a second pair of shoes for around camp. Rubber boots are also a must, especially if the wet meadows are wet!
- Typically, daytime temperatures are +18 C and nighttime +5 C . However, be prepared for foul weather and cool temperatures. Plan to dress in layers.
- Don't plan on doing laundry at the camp except some items by hand, if need be.

